

Nordic Gazette June 2012



<http://www.sfvikingskiclub.org>

Calendar

Friday, June 8

Annual Awards Dinner/Installation of Officers

NO MEETING IN SAN MATEO IN JUNE

Nick's Restaurant, Rockaway Beach, Pacifica
Cocktails: 6:30 Dinner: 7:30

Saturday, June 30 – Sunday, July 1

Work Party and General Meeting at Cabin

NO MEETING IN SAN MATEO IN JULY

9:30 meet at Pan Toll Station parking lot
10:00 hike begins

Work Parties:

August 18–19 work party
September 22–23 tentative trail building/work party
October TBD annual deep cleaning work party

SAVE THE DATE:

Friday, December 7

Annual Holiday Dinner @ Nick's Restaurant

Summer Approaches – Time To

Remove Skis From Cabin

Hope this doesn't cause any depression among the Vikings, but the end of the ski season nears. Do you know what that means? You guessed it – please ensure that all of your ski equipment is removed from the cabin by June 29 so that it is not in the way of the summer work parties.

Work Parties

June 30/July 1 General meeting and work party
August 18/19 Work party
September 22/23 Tentative dates for Trail Building

and/or Work Party

October TBD Cabin clean-up

There is a major project in the planning stages to re-roof the flat portion of the cabin. If anyone has any skills and abilities, expertise or ideas please share these with Paul Thompson.

May Election Results

We have new board members who will be installed at the June dinner. The new and returning board members are:

President: Mike Masek
Vice President: Margaret Glomstad
Treasurer: Paul Thompson
Recording Secretary: Betty Avila
Corresponding Secretary: Anne Ording
Board Members:
Marjorie Pitkin
Roger Zeltmann
Melissa Targgart
Mark Sorensen
Charles Gresl
Bill Kahrau
Stephanie LaCarrubba

Thanks to these board members and to departing board member Carol Reed for their service.

Vikings vs. PSC Ski Race

We had 37 racers, 2 parties and 1 trophy for the April 14 race at Donner Ski Ranch between our long time friends at the Peninsula Ski Club. The theme of this year's race came from a comment made by Bea Lufi several years ago "We've been friends with Peninsula for more than 50 years ..."

Tee shirts with the VSC and PSC logos and the phrase "Friends for more than 50 years" were provided by the PSC.

The first party was at the Viking cabin and featured Irish coffee. The second party at the PSC cabin consisted of something called a shot-ski, apparently a drinking ritual using a ski and shot glasses.

Oh, and the results: Viking by 15/100 of a second. The trophy...well, come to the June 8 dinner meeting and I'll tell that story.

Mike Masek

June 8 Annual Dinner/Installation of Board Members

It's that time of the year again, when we all get together to greet the newly elected board members and to make presentations to those members who have gone "above and beyond" for the club.

It's also a nice way to end up the ski season, to talk about some great skiing, not to mention meeting up with old/new members. Guests are always welcome. No-host cocktails will be in the bar area from 6:30 - 7:30 pm, Vikings like their cocktails!!!, followed by dinner at 7:30 pm.

Remember, attending the dinner counts as a required meeting attendance. There will be NO meeting on Wednesday, June 6.

Please mail your check (made payable to the SF VIKING SKI CLUB), and the reservation form (found at the end of this newsletter) to: Janet Neilsen, 2974 Limestone Road, Alamo, CA 94507. DEADLINE FOR RESERVATIONS: TUESDAY, JUNE 5. Any questions or last minute reservations, call Jan at (925) 837-8664.

75th ANNIVERSARY SCANDINAVIAN GIFT BASKET RAFFLE

Due to the recent financial situation within our club, long time member Berg Carlsen has offered to donate a Scandinavian Gift Basket to be raffled off at our June 8, 2012, dinner meeting at Nick's Restaurant in Pacifica. Tickets will be available at the June 8 dinner meeting.

You do not need to be present to win. If you are unable to attend the June dinner, you may send me a

check for your tickets and they will be added that evening to the raffle.

Tickets: 1 ticket \$5.00, 3 tickets \$10.00, 7 tickets \$20.00. The proceeds from this raffle will help generate additional needed funds.

Please make your check payable to the SF Viking Ski Club.

Mail to: Janet Neilsen, 2974 Limestone Road, Alamo, CA 94507

75TH Anniversary Hike – Mt. Tam

A Fine Day For A Hike

Sunday, May 6, a hallowed Viking tradition was revived, a hike on Mt. Tamalpais led by Bob King, who has been leading Viking hikes for ... (a long time!) There were 12 of us: Bob King leader, John Fox and wife Robbie, Eric Neilsen, Diane and Rick Kemsley, Dan Glomstad, Janet Neilsen, Anne Ording, Barbara Super, and guests Eric and Debbie. Somehow we missed Mark Sorensen and his wife Linda, who wound up having a hike of their own.

I don't get over to Mount Tam much, as I used to, but I resolved to do so more often. Hiking trails on Mt. Tam. go through delightful little dells full of ferns and moss, (and, gratefully, shade!) then out onto the sunny hillside again, with incredible views of the ocean, bay, and coastal hills. The day was sunny and gorgeous, not too hot, not too cold, and we had a great time.

This is a Viking tradition that ought to be observed more, not only as a bonding experience of those who sweat together, but also as a "keep-in-shape" exercise. For those who know the trails on Mt Tam, we started at the Pantoll Ranger station, hiking first on the Matt Davis Trail, and then catching the Cataract Trail to the Mountain Theater.



John Fox provided the trail map (his best approximation of the hike route).



Photo above and below by Eric Neilsen



A fun surprise awaited us when we stopped for our picnic lunch at the mountain amphitheater and rehearsals for The Music Man were underway. Based on our experience of the rehearsals, I'd recommend this year's play, which will have performances on June 3, 10, 16 and 17.

You can probably guess the songs that accompanied us for the remainder of the hike! 'Wells Fargo Wagon', 'Ya Got Trouble', 'Seventy-six Trombones', 'Marian The Librarian'... Trivia: Did you know that the Beatles' 1963 recording 'Till There Was You' was from The Music Man?



Photo of the Mountain amphitheater by John Fox

By the time we hit the last section, the Old Mine trail, Jan and I were no longer leading the pack – where we started, right behind Bob King, that is – but the pace was not too brisk, and I would say that if you can ski, you can handle a hike on Mt. Tam. We finished back at the Pantoll Station with some more eats and drinks. Let's do it again!
Barbara Super

Truckee Summer Fun Runs

These runs benefit the Auburn Ski Club, which trains youths and juniors in Nordic skiing.

<http://auburnskiclub.com/nordic/summer-fun-runs/>

Wednesday, July 4 – Firecracker Mile

Event starts 10am by US Bank. One-mile gravity fed fun event for all ages & abilities. Run through the crowds waiting for the parade.

Saturday, August 4, Squaw Mountain Run/Hike

For the past 31 years, on the first Saturday of August, hundreds of runners and hikers have made the annual pilgrimage to the top of Squaw Valley to enjoy a great workout with stunning views of Lake Tahoe and the High Sierra.

20% of funds raised from The Squaw Mountain Run are donated to [The Tahoe Forest Health System Foundation](#) to help local cancer patients afford the care they need. In the last four years, since Auburn Ski Club took over the event, almost \$10,000 has been raised for the Foundation

Starting at the base of Squaw Valley USA (6200') the course climbs the 3.6 mile mountain run to High Camp (8200') where awards, raffle, music, light refreshments & beer are provided.

Participants can choose to RUN or take a more leisurely pace and HIKE, or Nordic walk (hike with poles). For the less energetic – let the cable car do the 2000 foot elevation gain & join our knowledgeable guides for the beautiful FLOWER WALK on easy rolling terrain.

(Sign up for the Mountain Run by July 4th to get a discounted Salomon High Tech shirt)

Idaho Ski Resort Offered Free To Nonprofit

Bruce Willis says he's willing to give away his central Idaho ski resort to a nonprofit organization. The Idaho Mountain Express reports he has told Camas County leaders that he will gift his popular Soldier Mountain ski area in Fairfield, Idaho, to the right nonprofit. Willis has owned the ski area since the late 1990s. It boasts 1,150 acres of in-bounds terrain, and its three lifts give access to a vertical rise of 1,425 feet. Interested?

Truckee Donner Land Trust Guided Hike

Exploring Waddle Ranch Preserve

Saturday, June 9th

Waddle Ranch, in the heart of the Martis Valley, is one of the Land Trust's proudest conservation victories. Land Trust Board Member, Janet Zipser Zipkin, will lead the hike through this forested wildlife sanctuary. As an added bonus, former Land Trust Board Member, David Brown, will share stories about the history of this land and the people who lived here.

Distance, Difficulty and Duration: Approximately 6 miles roundtrip with moderate elevation gains; moderate difficulty due to uneven terrain and elevation gain; approximately 4 hours round trip. Contact [K.V.](#) to sign up, [530-582-4711](tel:530-582-4711).



Hikers pause at the Waddle Ranch Preserve dedication boulder.

Photo: Janet Zipser Zipkin.

Vail Positions Itself To Be The Powerhouse In Lake Tahoe & CA Markets

Vail Resorts announced on April 12 that the Company has closed on its acquisition of Kirkwood Mountain Resort at Lake Tahoe, Calif. Vail now operates three resorts in the Lake Tahoe region (Heavenly Mountain, Northstar, and Kirkwood Mountain). The transaction, which included the ski resort and undeveloped sites at the center of the base area, closed for total consideration of approximately \$18.0 million. Vail Resorts also announced that the power plant which the Kirkwood Meadows Public Utility broke ground on last May is now fully operational and should provide reliable power service to Kirkwood for years to come. Their 2012-2013 Tahoe Local Pass™ offers skiing and riding seven days a week to Heavenly, Northstar, and Kirkwood resorts for \$419 with limited holiday restrictions and \$50 pass holder tickets available for purchase during blackout dates. Priced \$80 less than last year's Epic Local Pass, the pass pays for itself in just over four days.

How To Make Your Cabin Reservations

Due to the increased usage of the cabin especially during holiday periods please use the following information to ensure we can get maximum usage of the cabin. Reservations must be made year round. (Work party reservations should be made with the cabin chair or person leading the work party.)

1. Email mglomstad@comcast.net or call 650-349-7542 **before 8 PM**.
2. Give the **nights** that you will be staying at the cabin.
3. Give the makeup of your group (i.e. 3 males, 2 females and guest or member).
4. Bunk or room preference.
5. If you do not receive confirmation within 48 hours email or call again.

Guests:

Guests can get bumped from the cabin based on the needs of the members. The official deadline for bumping guests, per cabin rules, is the Thursday before the weekend of your reservation, but the reservations person will try to inform you before then.

Cancellations:

If you are unable to make it to the cabin or need to change the nights of your stay, it is very important to inform the reservations person as soon as possible. This will allow for members/guests who might be on a waiting list to get a bunk in the cabin.

Rooms and Bunks:

Requests for specific bunks or rooms will try to be accommodated. Unfortunately there will be times that your request will not be able to be fulfilled due to the needs to accommodate as many members/guests as possible. Once at the cabin, if you would like to change your assigned bunk/room see the weekend chair before making any changes to the bunk list.

Weekend Chair:

Each weekend or holiday period, a weekend chair is assigned. The weekend chair assigns the chores, collects the nightly fees and mails them to the treasurer, and makes changes to the bunk list as necessary. They are also there to resolve any issues that might come up during your stay.

Important Information and Reminders

- The first person at the cabin should take chore #1: shoveling the stairs to the solarium and removing the ice. This must be done at the beginning of your stay, and touched up while people are there. (Have cabin chair assign it to a second person if a storm comes through.) The stairs are our fire escape, and must be kept free of ice for safety. Also, shovel and remove the ice at the entrance.

- We have a "bear" box for the garbage which means we don't have to take garbage home with us! However, we still have to put it into the garbage can and put the can into the box. The waste disposal company will only take garbage in the can. Recycling, in a blue bag, can be set next to the can, or in the can, space available.

To recycle cardboard, it needs to be in a blue plastic bag. If the garbage collector has to pull out loose items that are not either in the trash can or a blue bag we are charged extra fees. Even stacks of cardboard that are bound together must be in a blue bag.

The box is located out by the road on the cabin side of the parking lot driveway. It's painted grey-blue and raised on stilts to keep it above the snow, so

someone has to lift the can to get it in (ask for help if you need it.)

- Please keep Margaret Glomstad mglomstad@comcast.net and Anne Ording ording.anne@gmail.com informed of your current address, phone number(s), and email so that important information reaches you.

- We have Viking Ski Club stickers. They are available for \$2. The stickers must be displayed in your vehicle when parked at the cabin.

- Keep the front door to the cabin closed and locked at all times. Do not leave the door open with the expectation that someone else will close and lock it.

- If you are staying in one of the smaller rooms, please remember to vacuum the room as well as your assigned cabin chore before you leave.

Links to Ski Organizations

There are many ski organizations that organize trips, publish newsletters, etc. Here are a few to check out online if you wish:

<http://www.skibac.org/index.html>

<http://www.fwsa.org>

<http://www.fis-ski.com/>

<http://www.skimtta.com/>

<http://www.nationalskiclubnews.com/home.html>

Check out the Donner Summit Historical Society newsletter:

<http://www.donnersummithistoricalsociety.org/PDFs/newsletters/news12/June12.pdf>

<http://www.donnersummithistoricalsociety.org/PDFs/newsletters/news12/May12.pdf>

Editor's Note

Please keep sending in articles for the Gazette. Hope to see you at the Annual Dinner!

Happy Trails,

Anne Ording

Gazette Editor/Corresponding Secretary

San Francisco Viking Ski Club Officers - 2012/2013

President: Mike Masek

Vice-President: Margaret Glomstad

Recording Secretary: Betty Avila

Treasurer: Paul Thompson

Corresponding Secretary/Nordic Gazette

Editor: Anne Ording

Cabin Reservations: Margaret Glomstad

mglomstad@comcast.net

Cabin Chair: Mike Masek/Warren Stewart

Board Members:

Charles Gresl

Bill Kahrau

Stephanie LaCarrubba

Marjorie Pitkin

Mark Sorensen

Melissa Targgart

Roger Zeltmann

Info: vikinginfo@prodigy.net

Cabin: 530-426-1231

Web Site: www.sfvikingskiclub.org

Club Meetings are held at 8:00 PM on the first Wednesday of every month at the Bayshore Corporate Center in San Mateo, unless otherwise noted in the Gazette or on the website.

The Nordic Gazette, the newsletter of the San Francisco Viking Ski Club, is published monthly. Items for publication should be submitted to the editor by the 20th of the month.

Please send all submissions via e-mail to the Nordic Gazette editor Anne Ording

ording.anne@gmail.com

The Club Roster is maintained by Margaret Glomstad. Please send your email address as well as contact updates to:

mglomstad@comcast.net

Directions to the VSC Monthly

Meeting:

Bayshore Corporate Center, 1750 S. Amphlett Blvd., conference room, San Mateo, is off Hwy 101 just northwest of the intersection of Hwy. 101 and CA-92. Please see the Viking website for more detailed directions.

Postmaster:

Please return undeliverable mail to:

SAN FRANCISCO VIKING SKI CLUB

c/o ANNE ORDING

PO BOX 330484,

SAN FRANCISCO CA 94133-0484

**SAN FRANCISCO VIKING SKI CLUB
ANNUAL AWARDS DINNER - INSTALLATION OF NEW OFFICERS
AND SCANDINAVIAN GIFT BASKET RAFFLE**

NICK'S RESTAURANT, ROCKAWAY BEACH, (Pacifica), CA.

FRIDAY, JUNE 8, 2012

DINNER: 7:30 PM

It's that time of year again when we all get together to greet the newly elected officers and board members and to make presentations to those members who have gone "above and beyond" for the club. It's also a great way to end up the ski season, to talk about all the great ski adventures you had this past season, and just to catch up with old and new friends. We will also be raffling off a very special Scandinavian Gift basket. Guests are always welcome. No-host cocktails will be in the bar area from **6:30– 7:30 PM**. VIKINGS like their cocktails!!!! Followed by dinner at **7:30 PM**.

MENU: Choice on one of the following: Prime Rib of Beef au Jus, Roasted whole half Chicken, Grilled Halibut Steak. All dinners come with a mixed green salad with seafood, baked potato with sour cream and chives, vegetable du jour, garlic bread, ice cream, coffee/tea and of course, WINE.

COST OF DINNER: \$37.00 PRIME RIB, \$35.00, GRILLED HALIBUT STEAK, \$27.50 ROAST CHICKEN, per person, which includes the tax, tip, corkage and wine.

CHILDREN'S MENU: Choice of one of the following: Chicken Fingers, Fish and Chips, Hamburger and Fries. COST: \$12.00 per person.

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Please mail your check (made payable to the SF VIKING SKI CLUB, and reservation form to Janet Neilsen , 2974 Limestone Road, Alamo, CA 94507

Deadline for Reservations: **TUESDAY, JUNE 5, 2012**. Any questions and/or last minute reservations, please call Janet at (925) 837-8664.

MENU: Grilled Halibut _____ Roast Chicken_____ Prime Rib of Beef_____

CHILDREN'S MENU: Chicken Fingers____Hamburger____ Fish & Chips_____

REMINDER: Attending the dinner counts as a required meeting attendance. There will be NO general meeting on Wednesday June 6, 2012, at the location in San Mateo.